

Child and Young Person Rights

The United Nations Convention on the Rights of a Child (UNCRC) has 54 articles that cover all aspects of a child's life and the rights that all children everywhere are entitled to. The Children and Young People's (Scotland) Act 2014, places a duty on public service to uphold and promote the Rights of the Child.

Article 1: Everyone under 18 has these rights

Article 2: All children have these rights no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or a girl, what their culture is, whether they have a disability, whether they are rich or poor.

Article 3: When adults make decisions, they should think about how their decisions will affect children.

Article 12: You have the right to be listened to and taken seriously.

Article 16: You have the right to privacy.

Article 24: You have the right to the best health care possible, safe water to drink, nutritious food, a clean and safe environment, and information to help you stay well.

Web: <https://www.unicef.org/crc/>

Useful Health Contact Information

NHS 24: Tel: 111

Barnardo's Rights & Advocacy Service:
Tel: 01592 266775

Who Cares Scotland:
Tel: 0141 226 4441

Breathing Space:
Tel: 0800 838587

MoodCafe:
www.moodcafe.co.uk

Hands On Scotland:
www.handsonscotland.co.uk

Child Healthy Weight: www.nhs.org

Sexual Health Fife: www.nhs.org

Drugs and alcohol:
www.dapl.net or www.cluedup-project.org.uk

Stop Smoking Service: www.nhsfife.org

How to contact us:

Pupils:

Can ask a Teacher, Parent or Carer or High School pupils can drop in to the Health Zone

Parents or carers:

Can call 01592 645220

Professionals:

Can email a School Nursing referral form

Fife School Nursing Service



**Working in Partnership
with
Children and Young People**

Fife School Nursing Service

The key objective of Fife's School Nursing Service is to deliver safe, effective and person centred care based on the Getting It Right for Every Child Framework.

School Nursing staff, within their areas, facilitate and provide evidence based health interventions for school aged children.

We offer a universally accessible service, Fife wide. We work closely with children, young people, families and our community partners with a focus on the National School Nursing key priority areas:

- Emotional health and wellbeing
- Sexual health
(including pregnancy and parenthood)
- Looked After Children
- Young Carers
- Transitions
- Homelessness
- Domestic Abuse
- Substance Misuse
- Youth Justice
- Child Protection (Child Neglect)

Assessment of health needs

When a referral is accepted into the School Nursing Service, we will aim to offer an assessment of health needs within 4 weeks.

The School Nursing Service uses the National Practice Model to assess children and young people, to identify health and wellbeing needs. We can provide support for unaddressed health and wellbeing needs through:

- 1:1 support
- Group support
- Sign-posting
- Onward referrals
- Health Zones (Secondary Schools)

Planning in partnership

The School Nursing Service takes a person centred approach to ensure that children, young people and families views are listened to, valued and respected. It is important that these views are considered when planning effective support around the individual needs of the child or young person.

We work closely with other partner agencies within the community, for example education staff. This allows consideration of all factors which can impact on the child or young person.

Engagement and Participation

The School Nursing Service actively involves children and young people in all new service developments and improvements. Some examples include the development of the School Nursing Charter and Health Zone logo.

School Nurse Service Charter

We will respect your confidentiality

We won't judge you

We will support you with your health and wellbeing

We will involve you at all times

